



WILD BLUEBERRIES

Our wild blueberries are not only delicious, but also packed with health benefits.



APPEARANCE

Blueberries are small, round berries with a deep blue-purple hue. They typically measure around 5-16 millimeters in diameter. They have a smooth outer skin and a juicy interior.

FLAVOR AND TEXTURE

Blueberries have a unique combination of sweet and tangy flavors. When fully ripe, they are bursting with sweetness with a subtle tartness.

HEALTH BENEFITS

Wild blueberries are loaded with antioxidants like flavonoids, anthocyanins, and phenolic acids, which help neutralize harmful free radicals in the body, reducing oxidative stress and inflammation. Improved brain, heart, digestive and eye health, with blood sugar regulation and cancer prevention.



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